

CALL FOR APPLICATIONS

Academic Year 2025/2026

MASTER’S DEGREE PROGRAM IN PHYSICAL ACTIVITY AND HEALTH PROMOTION

(Courtesy English translation)

Program Details

Type of degree: Master’s Degree (120 ECTS credits)

Classification: LM-68 (as per Ministerial Decree 270/2004)

Duration: Two years

Language of instruction: English

School: Medicine and Surgery

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Article 1 – Enrollment and admission requirements

Applications for the Master’s Degree Program in Physical Activity and Health Promotion (Class LM-68, as per Ministerial Decree 270/2004) for the academic year 2025/2026 are now open.

- **Eligibility**

Applications for the assessment of curricular requirements and personal preparation are open to:

1. Italian, EU, and non-EU citizens with legal residency in Italy, pursuant to Article 26 of Law 189/2002.
2. Non-EU citizens residing abroad who require a study visa.

Applicants must hold an Italian or foreign academic qualification recognized as valid for admission to Italian universities.

- **Admission requirements**

Enrollment is contingent upon:

1. **Verification of academic requirements and personal preparation**, as outlined below (points A and B);
2. **Document submission and evaluation**, to be completed according to the specified deadlines (see Article 2).

A. Required Academic qualifications. Applicants must hold one of the following:

- **ISEF Diploma** (equivalent under Law 136/2002);
- **Bachelor’s Degree in Motor Sciences** (Class 33 of Ministerial Decree 509/1999 or Class L-22 of Ministerial Decree 270/2004);
- **Four- or five-year degree in Motor Sciences or Sport Sciences;**
- **Bachelor’s Degree in Physiotherapy** (Class SNT/2);
- **Bachelor’s Degree in Medicine and Surgery;**
- **Bachelor’s Degree in Pharmacy;**
- **Bachelor’s Degree in Biology;**
- Equivalent foreign qualification deemed suitable for admission. For further information on foreign qualifications valid for university admission, please refer to Article 6 of this notice.

- B. Other qualifications:** Holders of other degree qualifications (per Article 6, paragraph 2, of Ministerial Decree 270/2004) may also apply. In such cases, enrollment is subject to approval by a designated Admissions Committee (see Article 2).

Article 2 – Evaluation of academic requirements and personal preparation

Application deadlines:

To verify eligibility, all applicants must register on the University’s online services portal ([Delphi Platform](#)) within the following timeframes:

- **First round (International students requiring a study visa):**
20 January 2025 – 30 April 2025
Early applications are mandatory to allow sufficient time for visa processing.
- **Second round (Italian, EU, and non-EU citizens with legal residency in Italy):**
2 September 2025 – 31 October 2025
Applications must be submitted only **after** undergraduate degree completion.

Application process:

*** For international students (requiring a study visa):**

1. Visit the Delphi Platform: <http://delphi.uniroma2.it>
2. Navigate to the Student Area and select “[Application to programmes taught in English](#)”. Review the “More information” note, then select “[a. Start application procedures](#)”. After reviewing the privacy policy, check the box and click “Next”.
3. Select the **School (Medicine and Surgery)** and then the **Master’s Program**.
4. Select “Non-EU candidates residing abroad and applying for a visa”.
5. Complete the application form and upload the required academic documents.
6. Pay the application fee (€30) through the PagoPA system, then confirm the application following the instructions in step 9 (below).

*** For Italian, EU, and non-EU citizens (legally residing in Italy):**

1. Visit the Delphi Platform: <http://delphi.uniroma2.it>
2. Navigate the Student Area and then select “[Assessment of Curricular requirements](#)” (or, for course shortening, “[Registering for a shortened Degree Course](#)”). Review the “More information” note and select “[a. Start application procedures \(On-campus course\)](#)”. After reviewing the privacy policy, check the box and click “Next”. Select the **School (Medicine and Surgery)** and then the **Master’s Degree Program**.

3. Select the appropriate category:
 - Italian, EU, and non-EU citizens legally residing in Italy must select the corresponding category.
 - International students residing abroad and requiring a visa must select, instead, “Foreign citizens residing abroad without a tax code”.
4. Enter the required data and details of the obtained Degree (click “insert”), fill in all mandatory fields, and upload the degree certificate with exams.
5. Once the data has been entered, click “add”, verify the “Qualifications summary”, and click “next”. A list of academic requirements to be completed (if applicable) is displayed:
 - “Other degree program” – enter another degree qualification; otherwise, select NO.
 - “Postgraduate course” – enter details for postgraduate courses to be submitted to the Degree Program Board for evaluation; otherwise, select NO.
6. After completing the procedure, click “next”, check the entered data, and confirm it. Note the CTRL code, which will be needed to re-enter the menu, modify, delete, or reprint the application.
7. Print the application (to be kept) with the list of qualifications, entered information, and a payment slip for €30.00 as a contribution for the evaluation.
8. Pay the required fee through the PagoPA system, which allows payment through various physical and online channels. Links and further information on payment methods are available at <http://studenti.uniroma2.it/pagamento>
9. Confirm the application for verification of academic requirements. To confirm (or modify, delete, or reprint the application), return to the Delphi platform and re-enter the [Assessment of Curricular requirements](#) section; then select “**b. You have already filled out the application**”, entering the Tax Code and CTRL code in the appropriate menu.

After confirmation, the application will be transmitted online to the relevant academic board for evaluation.

PLEASE NOTE:

- The €30.00 fee is non-refundable.
- The €30.00 fee is waived for:
 - Students with a disability of 66% or higher or with recognition of a handicap under Article 3, Law 104/1992;
 - Graduates of Tor Vergata University of Rome with a final grade of at least 100/110.

These candidates, exempt from the evaluation fee, must still confirm the application for verification of requirements using the AUTH code on the application.

- The evaluation process begins **only** after the application is confirmed on the Delphi system.

After the deadlines, the Degree Program Board, through a specific Committee, will assess whether applicants meet the required academic criteria and demonstrate adequate personal preparation, as stipulated in Article 6, paragraph 1, of Ministerial Decree 270/2004. The Committee will then issue clearance for enrollment.

Evaluation results:

- **First round:** Applicants will be notified by email regarding the evaluation outcome.
- **Second round:** Results will be available from 6 November 2025 on the Delphi Platform.

How to check the evaluation result:

1. Access the Delphi Platform: <http://delphi.uniroma2.it>.
2. Navigate to the Student Area until the “Assessment of Curricular requirements” menu.
3. Click on “You have already filled out the application” to check the application status.
4. Enter your Tax Code and CTRL code to view the evaluation result.

* **Positive result:** Applicants may proceed with enrollment as detailed in Article 3.

* **Negative result:** Applicants will receive email instructions to complete any missing academic requirements or fulfill additional conditions, along with deadlines set by the Degree Program Board.

Article 3 – Enrollment procedure

All applicants who have completed the mandatory registration process on the Delphi online services portal (as outlined in Article 2) and have received a positive evaluation of their academic requirements and personal preparation can proceed with enrollment **within the following deadlines** by following the instructions at the link <https://studenti.uniroma2.it/immatricolazione/>

- **First round:** 2 September 2025 – 21 November 2025
- **Second round:** 7 November 2025 – 21 November 2025

PLEASE NOTE:

- Late enrollments will not be permitted after the deadlines indicated above.
- Enrollment requires payment of the first installment (€156).

For further information regarding non-EU students requiring a visa, please refer to Article 6 of this Notice.

Article 4 – Payment of tuition fees

Details about tuition fees and payment deadlines will be provided in the 2025/2026 Student Guide, accessible at <http://web.uniroma2.it/> and <http://studenti.uniroma2.it/>

The Student Guide will also include information for full or partial exemptions (*) from the payment of tuition fees.

(*) In particular, a 10% reduction on the first-year tuition fee is offered to students who graduated from Tor Vergata University of Rome or another Italian University with a final grade of 110/110.

Article 5 – Transfers, transitions, and course shortenings

The procedures described in this notice also apply to students transferring from another university or transitioning from another Master’s Degree Program at Tor Vergata University of Rome to the Master’s Degree Program covered by this notice.

For both transfers and transitions, once enrollment clearance is granted, students must initiate the appropriate process as outlined on the online services portal (<http://delphi.uniroma2.it>) and detailed in the 2025/2026 Student Guide (published on the University website: <http://web.uniroma2.it>).

For applicants seeking course shortening (applicable only to those already holding a degree not specified in Article 1), complete the standard enrollment procedure as described in Article 3, and submit the following additional documents to the Student Affairs Office:

- A photocopy of the Degree Certificate, including a detailed list of completed exams;
- Course syllabi of completed exams, officially stamped by the academic institution where the degree was obtained.

Article 6 – Students with foreign academic qualifications and non-EU students requiring a visa

Foreign entry qualifications:

To be admitted to the two-year Master’s Degree Program, the following documentation is required:

- **Original final academic qualification**, recognized as valid under Italian law and the regulations established by the Italian Ministry of University and Research (MUR).
- **Transcript of Records**, issued by the awarding university and certifying the exams taken, or Diploma Supplement (if applicable).
- **Country-specific documentation**: additional specific documents may be required depending on the country where the qualification was obtained.

Detailed information about required documentation is available at the following links:

https://web.uniroma2.it/it/percorso/studenti/sezione/modalita_di_iscrizione_per_gli_studenti_internazionali75642

https://web.uniroma2.it/en/contenuto/application_procedure

PLEASE NOTE: Universities, under Article 2 of Law 148/2002 and subsequent amendments, are autonomous in determining the documentation required for enrollment. Consequently, Tor Vergata University of Rome reserves the right to request additional documents if deemed necessary.

Study visa application procedure:

Non-EU students residing abroad must complete the pre-enrollment procedure on the University platform (www.university.it) by **31 July 2025**. When completing the pre-enrollment application, it is mandatory to upload the documentation described in this Article.

The University will confirm the pre-enrollment application, after which the student must contact the Italian diplomatic or consular authorities to submit the required documents within the deadlines established by the MUR. These deadlines can be found at: <https://www.studiare-in-italia.it/studenti stranieri/>.

Please note:

- Issuing the visa is solely the responsibility of the competent Italian diplomatic or consular authorities.
- Enrollment procedures for the chosen program will be finalized after the study visa is granted, provided that the submitted documentation is verified for authenticity and compliance with admission requirements.

Completion of enrollment:

International students with foreign academic qualifications and those requiring a study visa must finalize their enrollment through the **International Students Office**:

- **Address:** Via Cracovia, 50 – 00133 Rome, Building D, Ground Floor, Room 1.
- **Email:** international.students@uniroma2.it

During this phase:

1. Enrollment will be confirmed, and a student identification number (matricola) will be assigned.
2. The International Students Office will verify the authenticity of the submitted documentation. If the said documentation is incomplete or does not meet the requirements, admission will be invalidated.

Non-EU students who hold a valid residence permit and have obtained their academic qualifications from an Italian university must complete their enrollment at the Student Affairs Office of the Medical Area.

The places reserved for non-EU citizens residing abroad and requiring a visa for the academic year 2025/2026 are distributed as follows:

Class	Course Name	EXTRA-EU Places
LM-68	Physical Activity and Health Promotion	70

Article 7 – Students with Disabilities or Specific Learning Disorders (SLD)

Declaration of Disability or SLD

Students with a certified disability (equal to or greater than 66%) or with recognition of a handicap under Article 3 of Law 104/1992, as well as students diagnosed with Specific Learning Disorders (SLD) under Law 170/2010, must declare their status during registration on the Delphi platform (refer to Article 2 of this notice).

Submission of certifications

1. Italian students:

- Certifications for civil disability and/or recognition of handicap (Law 104/1992) must be submitted in **PDF format** via email to the CARIS Office at segreteria@caris.uniroma2.it.

2. International students:

- Students residing abroad must send their certification, accompanied by an official sworn translation into Italian or English, issued by the competent Italian embassy, certifying their disability or SLD status.

The CARIS Office will evaluate the suitability of the certifications and notify the applicant via email.

Exemption and fee reduction requests

At the time of enrollment, students requesting **total or partial exemption from tuition fees** or additional support services provided by CARIS must:

1. Indicate their status during registration on the Delphi platform.
2. Submit valid certifications to the CARIS Office through one of the following methods:
 - By email in **PDF format** to segreteria@caris.uniroma2.it.
 - In person at the CARIS Office (as specified below).

All sensitive documents will be handled by the CARIS Office in compliance with applicable privacy regulations.

Details of fee exemptions and reductions

1. Full exemption:

- Students with a disability of 66% or higher, or with recognition of a handicap under Article 3, Law 104/1992, are fully exempt from tuition fees.
- These students must follow the standard online enrollment process for all students but are also required to self-certify their disability in their application.

2. 20% reduction on second installment:

- Students with a disability recognized between **46% and 65%** may request a 20% reduction on the second installment of tuition fees.
- Students with a certified SLD (Specific Learning Disorder) are also eligible to request this reduction, following the same procedure.

Requests for compensatory tools and dispensatory measures

During their studies, students with disabilities or SLD may request compensatory tools or dispensatory measures for their courses and/or exams. These requests must be submitted in writing to the CARIS Office.

SLD Certification requirements:

The certification for SLD must meet the following criteria:

- Be issued by the National Health Service or by specialists/accredited centers authorized by regional regulations.
- Be comprehensive and explicit, including references to nosographic codes and a clear indication of the diagnosed SLD (e.g., reading, writing, or calculation difficulties).
- Comply with the guidelines of Law 170/2010, the 2011 Consensus Conference and subsequent amendments, as well as the 2012 State-Regions Conference guidelines as implemented by each region.
- For students from the Lazio region, consult the dedicated SLD section at <https://www.salutelazio.it/disturbi-specifici-di-apprendimento-dsa>.

Important notes:

1. The University reserves the right to verify the authenticity of all declarations and certifications submitted.
2. False declarations, forged documents, or misuse of such documents are subject to penalties under the Italian Penal Code and relevant laws.
3. Failure to submit complete and valid documentation will result in the student being liable for the full amount of university tuition fees.

For more information and contacts, visit the CARIS website at www-2024.caris.uniroma2.it.

Article 8 – Personal data processing

All information regarding the contact details of the Data Controller and the Data Protection Officer, the types of data processed, the source of personal data, the purposes of processing and the legal basis, the recipients of personal data and any data transfers abroad, the retention periods of personal data, the rights of the data subject, the obligation to provide data, the methods of data processing, and data transfers abroad are contained within the Information Notice pursuant to Articles 13 and 14 of EU Regulation 2016/679 for users who intend to register for admission tests and state exams, for users who intend to¹ enroll in study programs, and for students, graduates, postgraduates, trainees, and doctoral students of the University of Rome Tor Vergata, which can be found at the following link: ²<http://utov.it/s/privacy>

Article 9 – Useful information

Student Affairs Office (Medical Area):

Via Montpellier, 1 – 00133 Rome

Appointments can be booked at the following link: <https://prenotazioni.uniroma2.it/segreteria-area-medica/>

Phone: +39 06 7259 6013 – 6043 – 6045 – 6964 -6044

Email: segr-studenti-medicina@med.uniroma2.it

International Students Office:

Via Cracovia 50, 00133 Rome (Building D, ground floor)

Office hours: Monday, Wednesday, and Friday from 9:00 AM to 12:00 PM, and also on Wednesday from 2:00 PM to 4:00 PM.

Emails: international.students@uniroma2.it - international.qualifications@uniroma2.it

Public Relations Office (URP):

Via Cracovia 50, Building C - first floor

Opening hours: Monday, Wednesday, and Friday from 9:00 AM to 1:00 PM, and also on Wednesday from 2:00 PM to 4:00 PM

Email: relazioni.pubblico@uniroma2.it

Phone: +39 06 7259 2542/3091

Website: www.urp.uniroma2.it

“Chiama Tor Vergata” Telephone Service:

Phone: +39 06 7259 3099

Hours: Monday to Thursday from 9:00 AM to 1:00 PM and from 2:00 PM to 5:00 PM, Friday from 9:00 AM to 1:00 PM

Student Welcome Office:

Via Cracovia, 50 – 00133 Rome (Building C, first floor).

Appointments can be booked at: <https://prenotazioni.uniroma2.it/welcome-office/>

Website: https://web.uniroma2.it/it/percorso/futuri_studenti/sezione/accoglienza

Phone: +39 06 7259 2817/3234

Email: welcome@uniroma2.it

Students with Disabilities and SLD/DSA (CARIS):

School of Engineering, Didactic Building – ground floor (Room L1) - Via del Politecnico, 1 - 00133, Rome

Phone: +39 06 7259 7483 / +39 06 2022876

Email: segreteria@caris.uniroma2.it

Office hours: Monday, Wednesday, Friday 9:00 AM - 12:00 PM; Wednesday 2:00 PM - 4:00 PM.

For further information, please consult:

- Website of the Ministry of University and Research (MUR): <https://www.mur.gov.it/it/aree-tematiche/universita>
- University Portal: <http://web.uniroma2.it/> English version: <http://en.uniroma2.it/>
- Website of the Study Program: <http://scienzemotorie.uniroma2.it/physical-activity-and-health-promotion/>